

Our Vision—A beacon of God's love radiating faith, hope, and joy... Everywhere!

The Flowers on the Altar were given by Matt and Angela Hughes in celebration of their anniversary on August 1st.

Summer Sermon Series: Jesus, the Foodie

Pastor Bob invites you to a summer sermon series as he explores the ministries of Jesus regarding food. He was often accused of being a glutton, as he ate and drank with his disciples, tax-collectors and sinners. (Matthew 11:19) He ate and shared food with others not just because he was hungry. Sharing food gave him opportunities to teach them about who God was and to enlarge the circle of friendship, as he invited himself to the houses of Zacchaeus.

What we eat and how we eat often reflect our values, cultures, histories, and faith. Through cultural analysis of food consumption and biblical studies of foods, agriculture, and fishery in Jesus' time, Pastor Bob invites us to explore how our eating could reflect abundant life in God.

- July 21 Jesus Feeds the Hungry (Food and Hunger)
- **July 28 Jesus Fasts (Food and Identity)**
- **August 4 Jesus Becomes the Living Bread (The True Food)**
- August 11 Jesus Eats with the Tax-Collectors and Sinners (Feed Your Enemy) Preacher Charles McCrea
- August 18 Jesus Encourages Us to Trust in God (Food, Anxiety, and Uncertainty)

On August 18th we will host a "diversity dinner". See details below.

"Diverse Foods for a Global Palette" on August 18

We invite you to join us for lunch after the worship. As part of the sermon series on "Jesus, the Foodie," we encourage you to bring a dish that celebrates the diverse cultures in our world. **Please use the sign-up sheet in the welcome area** to indicate what dish you will bring. Please speak with Perry or Chris if you have any questions.

Change for Change

Change for change is growing again. Thanks to everyone in the Aldersgate family, we are donating \$500 to Alternative House in Lowell. Alternative House provides shelter and services to victims of domestic violence. Over the years, donations now exceeds \$20,000. God is Good. It is amazing how nickels, dimes and quarters can yield help for so many causes. Thank you all for contributions.

Next up for Change for Change is **Newhouse Wildlife Rescue** in Chelmsford. Newhouse is dedicated to providing Rehab and services needed for local wildlife here in Chelmsford. You can learn more at their website https://newhousewildliferescue.org. Thank you!

ONE

Our All Church read, *ONE: Unity in a Divided World*, spurred conversation, ideas and change within us. We would love to hear how a theme, shared by all of us for several months, impacted you. What did you think of it all? There is a bulletin board in the Fellowship Hall just waiting for your comments, reflections and ideas!



You can schedule your appointment for the next Blood Drive on August $10^{\rm th}$ from 9am-2pm

Please sign up if you can help this important cause. There continues to be a national shortage! Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and search under August 10th to schedule an appointment. For more information call or email Cate Lehan or Robin Dye or the church office.



Vacation Bible Camp - Save the Date! Monday, August 12 – Friday August 16 Ages 4 – 12 years old

ReNew Vacation Bible Camp invites children to learn about Jesus, help build our community, and grow as they become stewards of God's creation. Registration forms can be found downstairs in the welcome area or upstairs in the welcome rack. The cost for participating is \$20.00 per child and a family max of \$60.00. Please let Cheryl Ortolf know if you would like to help.

Summer Reading

The lessons from the little book *She Did What She Could* by Elisa Morgan have stayed in Kim Ward's heart for fifteen years. When questions of "Where do we start?", "What can I do?", "Is it enough?" cropped up in our discussion around *ONE: Unity in a Divided World*, Kim often retold the story of the woman who did what she could for Jesus in Mark 14. If you'd like to learn "five words of Jesus that could change your life, free your spirit and transform the world", Kim would like to invite to you borrow a copy of the book from the lobby shelf and read along with her. A book discussion will be held at the end of summer;



please let her know you are interested in attending. (The book is out of print. Books in the lobby have been used and are in various conditions. Please return the copy you read so someone else can enjoy it. You may be able to find a copy online, but they are very limited.)

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Summertime Stewardship

It's hard to believe that we are already halfway through the year! There has been so much activity and hard work, by so many servants at Aldersgate! As summer approaches please be sure to keep your church family in mind with your prayers and your pledges.

Please feel free to bring your 2024 pledged offerings when you join us on Sunday services this summer at 9:30 a.m. You can also send them by mail or electronic bill pay. Thank you for your faithful stewardship! For questions about bill pay through your banking institution, contact Kelly, our Financial Secretary at kmongiovi@aol.com, or Finance Chair, Wendy Baker at wbaker15@comcast.net

Pan Mass Challenge

On **August 3rd**, I will ride 84 miles from Wellesley to Bourne to raise money for cancer care and research through the Pan Mass Challenge. More info about the PMC can be found at: https://www.pmc.org/. This is my 19th year riding, and in honor of that number have chosen to set a fundraising goal of \$19,000. I am grateful for all of those who have contributed already. I am more than 70% of the toward my goa! There is still time to contribute at https://profile.pmc.org/MD0202. If you are unable to give at this time, please don't underestimate the power of your prayers and encouraging words. They touch me more than you know.

This is also a very special year for the PMC. 100 percent of all rider-raised funds go directly to cancer research and treatment at Dana-Farber and the Jimmy Fund. The PMC is Dana-Farber's single largest supporter and is 62 percent of the Jimmy Fund's annual revenue. Since 1980, the PMC has raised \$972 million for Dana-Farber. It is reasonably expected that this is the year our funds raised will exceed \$1Billion! If you can give, in any amount this year, you will be One in a Billion! With humble gratitude, Marcia Dana

HELP US BLESS OUR SOLDIERS!

Thanks so much for everyone's generosity in providing treats and goodies for Jasper and his team! We've got an updated list of items they are particularly interested in, such as:

- Pre-cooked bacon that does not need refrigeration (#1 requested & enjoyed by all!)
- Protein snack bars
- Blueberry or raspberry applesauce cups
- Kodiak microwaveable waffles or pancakes in a cup
- Dried fruit of all kinds- peach, apple, pineapple, blueberry, etc.
- Microwave popcorn, especially kettle corn flavor
- Electrolyte drink mix single serving packets
- Iced tea or lemonade mix- single serve directions or packets
- Boxes of liquid creamer packs instead of powder
- Tooth flossers

Fun items like a book on how to juggle, hacky sacks, Super Hero or other themed Band aids, air fresheners, or handwritten notes will make the hot summer months more bearable.